

Phone:

☐ Send images with patient (CD copy)

Fax: _____Copy to fax: _

Date of Request: D / M / Y

PAIN MANAGEMENT

Booking: 403-726-9729 www.MyPureform.com Fax: 403-726-9883

PATIENT & APPOINTMENT INFORMATION		APPOINTMENT DATE		HECK IN TIME:	APPT TIME:	
Address:		AHC/WCB #: City: ate of Birth: D / M / Y Phone:		Province:	Province: Postal Code:	
RELEVANT HISTORY						
ASSESS AND TREAT. PROCEED WITH RADIOLOGISTS RECOMMENDATION						
PATIENT DETAILS WORK UP IMAGING MAY BE REQUIRED Date of Request: D / M / Y Repeat Procedures		FEE-FOR-SERVICE Platelet Rich Plasma (Macleod location only) Viscosupplementation Some brands in stock at location, please ask your booking specialist what is available Other:		Allergies Iodinated Contrast Latex Bupivacaine Lidocaine Other:	☐ YES ☐ YES	□ N0 □ N0 □ N0 □ N0
Medications Depo-Medrol Kenalog Hyaluronic Acid + Cortisone		Pregnant Breastfeeding Diabetes	☐ YES ☐ NO ☐ YES ☐ NO ☐ YES ☐ NO	Anticoagulation Coumadin Plavix Other:	☐ YES	☐ N0 ☐ N0 ☐ N0
PERIPHERAL PROCEDURES		IMPORTANT PATIENT INSTRUCTIONS ON REVERSE				
Shoulder Subacromial Bursa Glenohumeral Joint Acromioclavicular Joint Biceps Tendon (Long Head) Tendon Calcification (Lavage) Arthrodilatation Elbow Elbow Joint Lateral Epicondylitis Corticosteroid Injection Only Tenotomy (No Corticosteroid Injection) Medial Epicondylitis Corticosteroid Injection Only	R	Pelvis Hip Joint Piriformis Greater Trochanteric Bursa Iliopsoas Bursa Ischial Bursa Pubic Symphysis Coccydynia (Ganglion impar) Ankle/Foot Plantar Fascia Corticosteroid Injection Only Fasciotomy (No Corticosteroid Injection Morton's Neuroma First MTP Joint	□ R □ L	Knee Knee Joint Pes Anserine Bu Baker's Cyst Drainage Only Drainage + Cortice Effusion Drainage + Cortice Spinal Procedures Sacroiliac Joint Lumbar Facet Join L1/L2 L1/L3	osteroid Injection osteroid Injection MACLEOD & AIRDRIE ONLY R	
☐ Tenotomy (No Corticosteroid Injection) ☐ Olecranon Bursa ☐ Drainage Only ☐ Drainage + Corticosteroid Injection Wrist/Hand	□ R □	☐ Retrocalcaneal Bursa ☐ Subtalar Joint ☐ Tibiotalar Joint ☐ Other Joint:	□ R □ L □ R □ L □ R □ L	☐ L3/L4 ☐ L4/L5 ☐ L5/S1 Lumbar Nerve Root MRI completed within the pa	☐ R ☐ R ☐ Block st 12 months required prior to procedu	
 ☐ Radiocarpal Joint ☐ First CMC Joint ☐ Carpal Tunnel ☐ DeQuervain's Tenosynovitis ☐ Trigger Finger Digit: ☐ Other Joint: 	R L L R L L R L L	Ganglion Cyst Ganglion Cyst: Strainage Only Strainage + Corticosteroid Injection Tenotomy Site:		L1 L2 L3 L4 L5	R R R R R R	
REFERRING PRACTITIONER INFORM	MATION			Please List ALL Ap	oplicable Information Belov	v
Referring Physician:			oner's ID/Stamp:			

Signature:

Rev. 11/2023

General Patient Instructions

- 1. Please bring your Alberta Health Card along with your requisition form to your appointment.
- 2. Stay on prescribed medications. Diabetics should discuss possible stoppage or reduction of insulin with their physician.
- 3. Please bring an adult to supervise children.
- 4. Kindly arrive 15 min before your appointment & call (24 hours prior) if you are unable to keep your appointment at (403) 726-9729.
- 5. If you are late for your appointment, your exam may have to be rescheduled.
- 6. Please advise us of any mobility limitations and/or any preference of female/male technologist
- 7. Please avoid the use of fragrances as other patients may be sensitive.

Pureform Radiology recommends that you arrange transportation to and from your appointment. All procedures have the ability to affect your driving.

If you are having bilateral injections or a lumbar nerve root block procedure, you will require someone to drive you home.

If possible, do not take any extra pain medications on the day of your exam. This allows us to better assess your response to our treatment. However, please do not stop any pain medication that has been prescribed by your doctor without consulting them first.

Preparation Instructions

Please note, exam preparation is essential in order to complete your exam

ACHILLES/PLANTAR FASCIA TENOTOMY

You will be required to purchase a walking boot to bring with you to the appointment. Failure to do so will result in the appointment being cancelled or rescheduled. You will have to wear this walking boot for two weeks post procedure.

PATELLAR TENOTOMY

You will be required to purchase a hard knee brace to bring with you to the appointment. Failure to do so will result in the appointment being cancelled or rescheduled. You will be required to wear this brace for two weeks post procedure.

VISCOSUPPLEMENTATION

If your physician has requested this type of treatment you will need a prescription from your doctor. You will need to purchase the medication before your appointment and bring it with you. However, we do have a supply of some brands in stock, which is available for purchase at our locations. Please check with your booking specialist if you have any questions.

Serious complications are extremely rare but can happen. It may be normal to experience increased pain and discomfort for up to 48-72 hours after injection. If you develop a fever/chills or any sign of infection, develop new numbness or weakening in your limbs please contact your doctor immediately. If your doctor is unavailable, proceed directly to the nearest hospital emergency department.

X-RAY EXAMS

X-Ray exams are provided on a walk-in basis. No appointment necessary. Please note there may be longer wait times from 11:30-12:30 due to the lunch hour. Additionally our Crowfoot and Macleod locations both close for X-Ray over the lunch hour.



519 - 4916 130 Avenue SE T2Z 0G4



20 - 105 Main Street N T4B 0R3



350 - 600 Crowfoot Cres NW T3G 0B4

